

Little Gestures in Action Nr. 26

Learning Journey at the Day Center Storytelling with images

At the Santa Luisa de Marillac HIV Day Center, the children gathered to explore the magical world of stories. The activity **“Storytelling with Images”** aims to stimulate reading skills through the observation and interpretation of images. The children were enthusiastic and eager to bring their stories to life.



Among them were Yosmira and Milton, 2 children full of creativity and imagination. Yosmira created a story with a beginning, middle and end using the basic narrative elements as characters. With enthusiasm, she constructed her narrative, involving everyone in her adventure.

Milton also stood out with his special talent for interpreting images clearly and began to tell his own story, filled with emotion and creativity.

The children listened attentively, smiling and applauding the creativity of their colleagues. Together, they explored the magic of storytelling. With each new image, new adventures emerged, and everyone was encouraged to participate and make suggestions.

The activity was a success, allowing the children to explore their imagination and improve their reading skills while having fun and sharing special moments.

Expressing Desires and Uncertainties



In a different dynamic at the Centre, the professor launched a challenge: the Conjunctive. The aim was to understand what this verb mode is and how it differs from other modes such as the indicative and imperative.

The children were curious and ready for the challenge. The monitor explained this mode can be used to express desires, uncertainties, hypotheses and non-real situations. To make learning more interesting, he added several interactive activities.

Aurelio excelled at recognizing the conjunctive mode in different tenses: present, past imperfect and future. With attention and dedication, he correctly identified phrases such as “I hope he comes”, “If I only knew” and “When I go”. Every time he got it right, a proud smile lit up his face!

Meanwhile, Adriano practised using the conjunctive mode in dialogues. With his classmates, he created short conversations in which he used sentences in the conjunctive.

With each new sentence and dialogue, the children learned to differentiate the indicative, the imperative and the conjunctive. The activity not only helped improve the children's language skills but also stimulated creativity and collaboration between them.

By the end of the afternoon, everyone was proud of what they had learned. Aurelio and Adriano, with their dedication and enthusiasm, inspired their classmates to practise more and explore the nuances of the Portuguese language. At the Day Center, learning verbs became a fun and educational adventure, reinforcing the idea that learning can be a real pleasure.

Creating change through Education: Food and Hygiene at São Vicente de Paulo



In a special meeting, SVP Coordinator Jaime introduced the talk organized by the Community Health Support Association. He stressed to all present the importance of listening carefully to the topics of “Healthy Eating and Hand Hygiene”. Rachel Ndava opened the session and introduced the main speakers, Melta and Milena.



Melta spoke about the importance of a balanced **diet**, explaining that a healthy diet should include all essential nutrients, such as carbohydrates, lipids and proteins, giving examples. She added: “Variety is also important: a colourful and diverse plate offers our bodies a wide range of nutrients.” She warned against the dangers of ultra-processed foods and encouraged the consumption of vegetables, fruit and the traditional combination of rice and beans. She further reminded the families that a healthy diet strengthens the immune system and prevents diseases.

Milena addressed the topic of hand **hygiene**, explaining when and how to wash your hands properly to prevent infections. She emphasized that the practice must be consistent to prevent the transmission of diseases.

To close, Rachel and Jaime stressed the importance of maintaining these habits at home and in the community, encouraging the families to apply what they learned in their daily lives. Field Officer Joaquim reinforced the need for hygiene practices to continue at home, especially for the youngest children.

The talk was greeted with applause and the families expressed their gratitude for this knowledge sharing, key to promote health at school and in the community.



Together for Education: After School Support in Santa Luísa de Marillac

The activities in the After School Support in Santa Luísa continued strong this month, providing the children with various learning and development opportunities:

Reading: Throughout the month, there were multiple reading activities, focused on improving this skill in several children, especially those starting the literacy process. The goal was to promote a love of reading and encourage fluency and comprehension!

Writing: The students took part in various activities to copy texts, focusing on improving handwriting. These exercises also help develop writing skills, encouraging children to express themselves more clearly and confidently.

Collaboration: The monitor grouped students at different levels to tackle various exercises and school assignments, creating a collaborative and mutually supportive environment for completing school tasks.

After-school Support remains a key activity complementing the Sponsoring program. The activities support students' educational and social development, promoting fundamental skills for their academic and personal success.

26 Reasons to Believe - Your gesture can change a life!

Thank you to those who have donated so far. We would like to share our progress with this campaign. So far, we have raised £840 to support 26 young people!

This support means more than the monthly food basket given to all Sponsored Kids; it is also an opportunity for these young people to continue their studies and believe in a better future. The journey is **not over yet**, and your gesture can help us reach our final goal. Every contribution is an essential part of this mission to feed not only the present but also the future of those who need it most.

Together, we can ensure these young people can stay in school and that each one has the opportunity to build their future.

We remain committed and grateful for your support. Let's reach this goal together!



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